



REAL HEROES

2010 Nomination Form

The American Red Cross Badger Chapter was founded 100 years ago to help people prevent, prepare for and respond to emergencies. We couldn't do our work in the communities we serve without recognizing the Real Heroes among us. A Real Hero demonstrates selfless acts of courage or kindness in the spirit of the American Red Cross. They reflect what is best in our community and selflessly give of themselves while making a difference in people's lives.

We are seeking local people to honor at...

The Thirteenth Annual American Red Cross Real Heroes Celebration

May 2010, Madison, WI

Guidelines to Follow When Nominating a Hero

Nominees should live or work in the Badger Chapter's service area which includes the counties of Dane, Columbia, Crawford, Grant, Juneau, Adams, Iowa, Lafayette, Richland and Sauk.

Award winners must be able to attend the Real Heroes Celebration. Admission is complimentary for the winner and one guest.

How to Nominate Your Hero

Your nomination should include:

- **This nomination form.**
- **500 words or less** describing the act of courage or kindness, how their act shares the spirit of the American Red Cross, and explaining why your hero deserves to be recognized.
- **Two supporting documents**, such as letters of support, news articles or photographs (supporting documents are optional but encouraged).

Award winners must agree to participate in a video segment to be shown at the celebration and permit the use of their stories and photographs for publicity purposes.

Nominations must be received by January 6, 2010 to be considered for the Real Heroes Celebration.

Submit by mail, fax or email this completed nomination form and any supporting documents to:

American Red Cross Real Heroes Celebration

Attn: Molly Kelly

4860 Sheboygan Avenue

Madison, WI 53705-0905

Fax: (608)227-1366

Email: mkelly@arcbadger.org

Real Heroes Award Categories

An Adult Good Samaritan has helped another person in critical need utilizing skills aligned with those taught in an American Red Cross training program.

A Rescue Hero has assisted another person or a group in times of a disaster

A Youth Good Samaritan has demonstrated courage, initiative and/or compassion in the spirit of the American Red Cross in service to another individual or to the community

A Health Care Hero is a person working in the health care field who has integrated the principles of the American Red Cross while demonstrating great initiative, caring and leadership

A Hero of a Lifetime has lived a life of dedication to others, incorporating the values of the American Red Cross and making a profound difference in his or her community

A Corporate Real Hero is a business or organization that has contributed significantly to the American Red Cross through training, volunteer time or financial support

From the Heart Hero is a person who has donated blood on a regular consistent basis or has supported blood donation through volunteering at area blood drives

2010 Real Hero Nomination—Deadline: January, 2010

An evening celebrating selfless acts of courage and kindness in the spirit of the American Red Cross.



REAL HEROES

Name of nominee

Address

City State Zip

Phone (day) (evening)

Place of Employment Title

Your Name

Your Address

City State Zip

Phone (day) (evening) Email

Place of Employment Title

Award Categories

(Check Only One)

- Adult Good Samaritan
- Rescue Hero
- Youth Good Samaritan
(under the age of 18)
- Health Care Hero
- Hero of a Lifetime
- Corporate Real Hero
- From the Heart Hero