



## Instructor Level Courses

## 2010-2011

**To register, please call the American Red Cross - Badger Chapter or register online, unless noted otherwise. Phone: 608-227-1253**

The Instructor courses available include: Lay Responder First Aid and CPR/AED Instructor, CPR/AED for the Professional Rescuer Instructor Upgrade, Bloodborne Pathogens/Oxygen Administration Instructor Upgrade, Emergency Response Instructor Upgrade, Babysitter's Training Instructor, Pet First Aid Instructor, Wilderness First Aid Instructor, Sports Safety Training Instructor, Basic Aid Training (BAT) Instructor. Some of these Instructor Level classes are course-based, some are self-studies; find the course that fits your interests!

### Lay Responder First Aid/CPR/AED Instructor Course

**Cost: See below**

Upon successful completion of this course, instructors will be authorized to teach the following components: Adult CPR, Child CPR, Infant CPR, First Aid, Automated External Defibrillator (AED). The course includes the Fundamentals of Instructor Training (FIT) course. **Pre-requisites:** must be 16 years of age on or before course completion date and completion of Adult CPR, Child CPR, Infant CPR, First Aid, AED basic courses strongly recommended.

**Course Length:** Approx. 24 hours **Certification Received:** First Aid/CPR/AED Instructor/valid two-years, Fundamentals of Instructor Training (no expiration date), Adult CPR/ Child CPR/ Infant CPR/ AED (valid one-year) and First Aid (valid three-years)

Date*	Day*	Start Time*	End Time*	Training Center
September 27	Monday	8:00am	5:00pm	American Red Cross - Badger Chapter. Please call 608-227-1253 to register. Cost is \$235.
September 30	Thursday	8:00am	5:00pm	
October 1	Friday	8:00am	5:00pm	
November 1	Monday	8:00am	5:00pm	American Red Cross - Badger Chapter. Please call 608-227-1253 to register. Cost is \$235.
November 2	Tuesday	8:00am	5:00pm	
November 5	Friday	8:00am	5:00pm	

\* dates and times subject to change

### CPR/AED for the Professional Rescuer Instructor Bridge Course

**Cost: \$100.00**

**\*Must be currently authorized as an American Red Cross Instructor to take this course**

This course certifies participants to teach CPR/AED for the Professional Rescuer and Healthcare Provider, as well as two-rescuer CPR and use of breathing devices. **Pre-requisites:** Must be a current Lay Responder First Aid/CPR/AED Instructor, must be 16 years of age on or before course completion date and completion of CPR/AED for the Professional Rescuer certification strongly recommended. **Course Length:** Approx 6-8 hours **Certification Received:** CPR/AED for the Professional Rescuer Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed

Date*	Day*	Start Time*	End Time*	Training Center
November 8	Monday	8:00am	2:00pm	American Red Cross - Badger Chapter

\* dates and times subject to change

### Abbreviated (Crossover/Reentry) Lay Responder Instructor Course

**Cost: \$150.00**

This course is designed for former American Red Cross First Aid/CPR/AED instructors whose authorizations expired 2 years ago, for current secondary school teachers or college/university professors, and for current First Aid/CPR/AED instructors for other organizations. Upon successful completion of this course, instructors will be authorized to teach the following components: Adult CPR, Child CPR, Infant CPR, First Aid, Automated External Defibrillator (AED). **Pre-requisites:** must be 16 years of age on or before course completion date, must hold a current Fundamentals of Instructor Training certificate or possess a current national Health & Safety certificate in another specialty area, must have experience teaching lecture/discussion style courses, and must possess one of the following: evidence of former Instructor Authorization, evidence of current credentials as secondary school teacher or college/university professor, or evidence of current credentials as a First Aid/CPR instructor for another organization.

**Course Length:** Approx. 11 hours 30 minutes. **Certification Received:** First Aid/CPR/AED Instructor/valid two-years

Date*	Day*	Start Time*	End Time*	Training Center
September 10	Friday	8:30am	4:30pm	American Red Cross - Badger Chapter. Please call 608-227-1253 to register.
September 13	Monday	8:30am	12:30pm	

\* dates and times subject to change

## Water Safety Instructor (WSI) (r.09) Course

Cost: Varies by Facility

This course trains participants to teach water safety, including the Basic Water Rescue course, Longfellow's WHALE Tales, six levels of the Learn to Swim and Parent and Child Aquatics.

### Prerequisites:

- 1) Be at least 16 years of age by the last scheduled session of the instructor course.
- 2) Swim the following strokes: Front crawl—25 yards; Back crawl—25 yards; Breaststroke—25 yards; Elementary backstroke—25 yards; sidestroke—25 yards; Butterfly—15 yards.
- 3) Maintain position on back 1 minute in deep water (floating or sculling) and tread water for 1 minute.

### Certification Requirements

- 1) Complete all reading assignments
- 2) Attend all class sessions
- 3) Participate in all activities
- 4) Successfully complete all practice-teaching assignments
- 4) Pass the final written exam with a minimum grade of 80 percent (40 correct answers out of 50 questions); and demonstrate maturity and responsibility throughout the course.

**Course Length:** Approx 35 hrs **Certifications Received:** Water Safety Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed. Fundamentals of Instructor Training (FIT) certificate (no expiration date)

Dates*	Day*	Start Time*	End Time*	Training Center
January 5	Wednesday	4:00pm	8:00pm	Cambridge Area Community Pool, 802 West Water St., Cambridge, WI 53523. Cost is \$150 for Residents; \$185 for Non-Residents. Register online at <a href="http://www.cambridgecap.net">www.cambridgecap.net</a> . PLEASE REVIEW PREREQUISITES BEFORE REGISTERING FOR CLASS. Must attend all class sessions - sorry, no exceptions.
January 6	Thursday	4:00pm	8:00pm	
January 7	Friday	4:00pm	8:00pm	
January 8	Saturday	8:00am	5:00pm	
January 9	Sunday	8:00am	5:00pm	
				<a href="http://www.cambridgecap.net">www.cambridgecap.net</a>
March 18	Friday	5:00pm	10:00pm	Prairie Athletic Club, 1010 N. Bird St., Sun Prairie, WI 53590. Cost is \$225. To register, please visit <a href="http://www.prairieathletic.com">www.prairieathletic.com</a> . For questions, contact Laurie Kessler at 608-837-4646 or <a href="mailto:laurie.kessler@prairieathletic.com">laurie.kessler@prairieathletic.com</a> . PLEASE REVIEW PREREQUISITES BEFORE REGISTERING FOR CLASS. Must attend all class sessions - sorry, no exceptions.
March 19	Saturday	8:30am	5:30pm	
March 22	Tuesday	5:00pm	9:00pm	
March 21	Friday	5:00pm	10:00pm	
March 22	Saturday	8:30am	5:30pm	
March 29	Tuesday	5:00pm	9:00pm	
				<a href="http://www.prairieathletic.com">www.prairieathletic.com</a>

\* dates and times subject to change

## Lifeguard Instructor Course

Cost Varies by Facility

This course trains instructor candidates to teach basic-level Lifeguarding, Waterfront Lifeguarding\*, Waterpark Lifeguarding\* and Shallow Water Attendant (all including first aid), Lifeguard Management, CPR/AED for the Professional Rescuer, Administering Emergency Oxygen, Bloodborne Pathogens Training: Preventing Disease Transmission and Basic Water Rescue courses. Instructor candidates will also become familiar with GuardStart: Lifeguarding Tomorrow and the Water Safety presentations. The training prepares instructor candidates by developing their understanding of how to use the course materials and methods, how to conduct training sessions and how to evaluate participants' progress.

**Pre-requisites:** Must be at least 17 years of age on or before course completion date and complete the precourse session (written exam and skills). **New policy states that Lifeguard Instructor Candidates must be currently certified as Lifeguards or have expired by no more than 12 months to be able to take the precourse session.**

### Certification Requirements:

- 1) Successfully complete the precourse session
- 2) Attend and actively participate all class sessions,
- 3) Successfully complete class activities, including the required practice-teaching assignments
- 4) Score at least 80 percent on the Lifeguarding Instructor Course final written exam
- 5) Complete the Bloodborne Pathogens Training Self-Study/Pretest
- 6) Score at least 80 percent on the basic-level administering Emergency Oxygen final written exam.

**Course Length:** Aprox 30 hours **Certification Received:** Lifeguard Instructor (valid for two calendar years) All instructor authorizations expire on December 31/initial authorization may be less or more depending on when training is completed and Fundamentals of Instructor Training (FIT).

\*Lifeguarding instructors can become Waterfront Lifeguarding or Waterpark Lifeguarding instructors by possessing a basic-level certificate in the appropriate course and orienting to the corresponding content in the American Red Cross Lifeguarding Instructor's Manual with CD-ROM and Lifeguarding DVD Set. The local Red Cross chapter will issue a new Health and Safety Services Instructor Authorization Certificate indicating either Lifeguarding/Waterfront or Lifeguarding/Waterpark, as appropriate. Once authorized as a Waterfront or Waterpark Lifeguarding instructor, an instructor is not required to maintain a basic-level certificate.

Date*	Day*	Start Time*	End Time*	Training Center
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NONE SCHEDULED AT THIS TIME

## Babysitter's Training Instructor Course

Cost: \$150.00

This course trains instructor candidates to teach the basic-level Babysitter's Training course. This course prepares instructor candidates to use program materials, conduct training sessions and evaluate the progress of course participants. **Pre-requisites:** Must be at least 16 years of age on or before the final scheduled session of the instructor course. Successfully complete the instructor precourse self-study and the precourse session. This includes demonstrating competency in the precourse skills. **Course Length:** Approx 16 hours **Certification Received:** Babysitter Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed.

Dates*	Day	Start Time*	End Time*	Location
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NONE SCHEDULED AT THIS TIME

## Babysitter's Training Instructor Crossover/Bridge Course

Cost: \$90.00

**\*Must be currently authorized as an American Red Cross Instructor to take this course**

This course trains instructor candidates to teach the basic-level Babysitter's Training course. This course prepares instructor candidates to use program materials, conduct training sessions and evaluate the progress of course participants. **Pre-requisites:** Must be at least 16 years of age on or before the final scheduled session of the instructor course. Hold a current certification in an American Red Cross Instructor authorization. Successfully complete the instructor precourse self-study and the precourse session. This includes demonstrating competency in the precourse skills. **Course Length:** Approx 5 hours **Certification Received:** Babysitter Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed.

Date	Day	Start Time	End Time	Training Center
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NONE SCHEDULED AT THIS TIME

## Emergency Response Instructor Course

Cost: \$300.00

This course trained participants how to teach the American Red Cross Emergency Response course by developing an understanding of the course products, learning how to conduct training sessions, understanding the methods used to evaluate participant progress, and learning how prepare the submit records and reports. **Pre-requisites:** Must be at least 17 years of age on or before course completion dates. **Course Length:** 20 hours **Certification Received:** Emergency Response Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed.

Dates*	Start Time*	End Time*	Location
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NONE SCHEDULED AT THIS TIME

## Emergency Response Instructor Crossover/Bridge Course

Cost: \$140.00

**\*Must be currently authorized as an American Red Cross Instructor to take this course**

This course trained participants how to teach the American Red Cross Emergency Response course by developing an understanding of the course products, learning how to conduct training sessions, understanding the methods used to evaluate participant progress, and learning how prepare the submit records and reports. **Pre-requisites:** Must be at least 17 years of age on or before course completion dates and must hold a current Fundamentals of Instructor Training (FIT) certificate issued within the past year OR be a currently authorized Red Cross instructor in a Health and Safety Service program. **Course Length:** Approx 10 hours **Certification Received:** Emergency Response Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed

NONE SCHEDULED AT THIS TIME

## Basic Aid Training (BAT) Instructor

No Fee, funding provided by GHC

By becoming a Basic Aid Training Leader, you will be able to teach Basic Aid Training (BAT) to children (ages 8 to 11). The BAT course teaching child safety information and first aid procedures for breathing difficulties, bleeding, poisoning, burns, shock and other emergencies. A grant from Group Health Cooperative covers all costs for this program so it can be offered free to charge to interested children. Self-study includes all participant and instructor manuals. Pre-Requisites: Must be a responsible adult

Please contact the Health & Safety office at (608) 227-1253 for more information on how to become a Basic Aid Training (BAT) instructor.

## **Dog and Cat First Aid Instructor**

**Please call for fee information**

By becoming a Dog and Cat First Aid Leader, you will be able to teach participants the Dog and/or First Aid Course. This course is available ONLY as a Self-Study. If you are interested in becoming a Pet First Aid Instructor, please contact the Chapter at 608-227-1253. There is no requirements to be a Dog or Cat First Aid Leader. Price covers all participant and instructor manuals and course video plus administrative fee. **Course Length:** Self-Study **Certification Received:** Pet First Aid Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed

**Please contact the Health & Safety office at (608) 227-1253 for more information on how to become a Dog and Cat First Aid Instructor. There are no requirements to be a Dog or Cat First Aid leader, however, individuals with a background in teaching American Red Cross first aid and CPR courses or in veterinary medicine, such as veterinarians or vet technicians, would be ideal Dog or Cat First Aid leaders.**

## **Wilderness First Aid Instructor**

**\$46.95**

By becoming a Wilderness First Aid Instructor, you will be able to teach Wilderness First Aid. This course is available ONLY as a Self-Study. If you are interested in becoming a Wilderness First Aid Instructor, please contact the Chapter at 608-227-1253. Pre-requisites: Must be at least 17 years of age on or before course completion date, and it is recommended that you hold a current Fundamentals of Instructor Training (FIT) certificate issued within the past year OR be a currently authorized Red Cross instructor in a Health and Safety Service program. Price covers all participant and instructor manuals plus administrative fee. **Course Length:** Self-Study **Certification Received:** Wilderness First Aid Instructor (valid for two calendar years) all authorizations expire on December 31/initial authorization may be less or more depending on when training is completed

**Please contact the Health & Safety office at (608) 227-1253 for more information on how to become a Wilderness First Aid instructor.**