



# Instructor Level Courses 2011

To register, please call the American Red Cross - Badger Chapter or register online, unless noted otherwise. Phone: 608-232-5840

The Instructor courses available include: Lay Responder First Aid and CPR/AED Instructor, CPR/AED for the Professional Rescuer Instructor Upgrade, Bloodborne Pathogens/Oxygen Administration Instructor Upgrade, Emergency Response Instructor Upgrade, Babysitter's Training Instructor, Pet First Aid Instructor, Wilderness First Aid Instructor, Sports Safety Training Instructor, Basic Aid Training (BAT) Instructor. Some of these Instructor Level classes are course-based, some are self-studies; find the course that fits your interests!

## Lay Responder First Aid/CPR/AED Instructor Course Cost: \$500.00

The purpose of this course is to train candidates to teach the American Red Cross basic-level First Aid, CPR and AED courses. This is a blended learning course, which includes both online components as well as the classroom component. Certification Validity: 2 years Length: Three total online sessions approximately 1.5 hours and classroom session approximately 10 hours. Additional time added for staff to meet with new instructors.

Online Session: 3 Sessions, Approx. 1.5 hours

Classroom Session: Approx 10 hours

Certifications Received: First Aid/CPR/AED Instructor (Lay Responder Instructor) (valid 2 years)

Course Materials: You may download course materials free of charge or purchase them in a durable print format at <http://www.instructorcorner.org/FACPR/AED/candidates/> and select to view or purchase materials. You will need copies of the following:

1. American Red Cross First Aid/CPR/AED Participant's Manual
2. American Red Cross Adult First Aid/CPR/AED Ready Reference Card
3. American Red Cross Pediatric First Aid/CPR/AED Ready Reference Card
4. American Red Cross First Aid/CPR/AED Instructor's Manual

Course Prerequisites: To participate in the First Aid/CPR/AED Instructor course, you must:

1. Be at least 16 years of age on the last day of class
2. Possess ~~current~~ American Red Cross First Aid, CPR and AED certifications or the equivalent
3. Have successfully completed the online [Orientation to the First Aid/CPR/AED Instructor Course](#).
4. Have successfully completed the online [Orientation to the American Red Cross](#).
5. Have successfully completed the online [First Aid/CPR/AED Instructor Pre-course Test](#) (score 80% or higher)
6. Have obtained all materials needed for both the instructor and participants before the first classroom session

Certification Requirements: To be certified as an instructor, you must:

1. Successfully complete the prerequisite requirement
2. Attend and actively participate in all course sessions
3. Successfully complete class activities including two practice-teaching assignments
4. Score at least 80% on the instructor written exam
5. Complete the online Course Record Administration training in the American Red Cross Learning Center (recommended)

Date*	Day*	Start Time*	End Time*	Training Center
September 27	Tuesday	8:30am	4:30pm	American Red Cross - Madison. Please call 608-232-5840 to register. Registration fee includes Deluxe Instructor's Kit (DVD, Instructor's Manual, Participant's Manual, Adult and Pediatric Ready-Reference Cards). Participants must meet all pre-requisites to participate (please see above). Must attend both class sessions in full - sorry, no exceptions.
September 30	Friday	8:30am	4:30pm	

## CPR/AED for the Professional Rescuer Instructor Bridge Course Cost: \$100.00

\*Must be currently authorized as an American Red Cross Instructor to take this course

This course certifies participants to teach CPR/AED for the Professional Rescuer and Healthcare Provider, as well as two-rescuer CPR and use of breathing devices.

Pre-requisites: Must be a current Lay Responder First Aid/CPR/AED Instructor, must be 16 years of age on or before course completion date and completion of CPR/AED for the Professional Rescuer certification strongly recommended.

Course Length: Approx 5 - 8 hours

Certifications Received: CPR/AED for the Professional Rescuer/Healthcare Provider (valid 2 years)

\*\*\*NONE SCHEDULED AT THIS TIME

## Abbreviated (Crossover/Reentry) Lay Responder Instructor Course Cost: \$150.00

This course is designed for former American Red Cross First Aid/CPR/AED instructors whose authorizations expired 2 years ago, for current secondary school teachers or college/university professors, and for current First Aid/CPR/AED instructors for other organizations. Upon successful completion of this course, instructors will be authorized to teach the following components: Adult CPR, Child CPR, Infant CPR, First Aid, Automated External Defibrillator (AED).

Pre-requisites: must be 16 years of age on or before course completion date, must hold a current Fundamentals of Instructor Training certificate or possess a current national Health & Safety certificate in another specialty area, must have experience teaching lecture/discussion style courses, and must possess one of the following: evidence of former Instructor Authorization, evidence of current credentials as secondary school teacher or college/university professor, or evidence of current credentials as a First Aid/CPR instructor for another organization.

Course Length: Approx 11.5 hours

Certifications Received: First Aid/CPR/AED Instructor (valid 2 years)

\*\*\*NONE SCHEDULED AT THIS TIME

## Water Safety Instructor (WSI) (r.09) Course Cost: Varies by Facility

This course trains participants to teach water safety, including the Basic Water Rescue course, Longfellow's WHALE Tales, six levels of the Learn to Swim and Parent and Child Aquatics.

Prerequisites:

- 1) Be at least 16 years of age by the last scheduled session of the instructor course.
- 2) Swim the following strokes: Front crawl—25 yards; Back crawl—25 yards; Breaststroke—25 yards; Elementary backstroke—25 yards; sidestroke—25 yards; Butterfly—15 yards.
- 3) Maintain position on back 1 minute in deep water (floating or sculling) and tread water for 1 minute.

Certification Requirements

- 1) Complete all reading assignments
- 2) Attend all class sessions
- 3) Participate in all activities
- 4) Successfully complete all practice-teaching assignments
- 4) Pass the final written exam with a minimum grade of 80 percent (40 correct answers out of 50 questions); and demonstrate maturity

Course Length: Approx 35 hrs

Certifications Received: Water Safety Instructor (valid 2 years), Fundamentals of Instructor Training (FIT) certificate (no expiration)

Dates*	Day*	Start Time*	End Time*	Training Center
September 22	Thursday	5:00pm	9:00pm	Whitewater Aquatics & Fitness: The purpose of this course is to train instructor candidates to teach American Red Cross Swimming and Water Safety Courses. This includes: Learn to Swim Programs Level 1-6, Infant and Pre-School Aquatics, Community Water Safety, and Basic Water Safety. Participants must attend all class sessions. Register by calling 262-473-4900 or stop in at 580 S. Elizabeth St., Whitewater, WI 53190
September 23	Friday	5:00pm	9:00pm	
September 24	Saturday	8:00am	5:00pm	
September 25	Sunday	8:00am	5:00pm	
September 26	Monday	5:00pm	9:00pm	

\*\*\*NONE SCHEDULED AT THIS TIME

## Lifeguard Instructor Course Cost: Varies by Facility

This course trains instructor candidates to teach basic-level Lifeguarding, Waterfront Lifeguarding\*, Waterpark Lifeguarding\* and Shallow Water Attendant (as including first aid), Lifeguard Management, CPR/AED for the Professional Rescuer, Administering Emergency Oxygen, Bloodborne Pathogens Training; Preventing Disease Transmission and Basic Water Rescue courses. Instructor candidates will also become familiar with GuardStart: Lifeguarding Tomorrow and the Water Safety presentations. The training prepares instructor candidates by developing their understanding of how to use the course materials and methods, how to conduct training sessions and how to evaluate participants' progress.

Pre-requisites: Must be at least 17 years of age on or before course completion date and complete the pre-course session (written exam and skills). New policy states that Lifeguard Instructor Candidates must be currently certified as Lifeguards or have expired by no more than 12 months to be able to take the pre-course session.

Certification Requirements:

- 1) Successfully complete the pre-course session
- 2) Attend and actively participate all class sessions.
- 3) Successfully complete class activities, including the required practice-teaching assignments
- 4) Score at least 80 percent on the Lifeguarding Instructor Course final written exam
- 5) Complete the Bloodborne Pathogens Training Self-Study/Pretest
- 6) Score at least 80 percent on the basic-level administering Emergency Oxygen final written exam.

Course Length: Approx 30 hours

Certifications Received: Lifeguard Instructor (valid 2 years), Fundamentals of Instructor Training (FIT) (no expiration).

\*Lifeguarding instructors can become Waterfront Lifeguarding or Waterpark Lifeguarding instructors by possessing a basic-level certificate in the appropriate course and orienting to the corresponding content in the American Red Cross Lifeguarding Instructor's Manual with CD-ROM and Lifeguarding DVD Set. The local Red Cross chapter will issue a new Health and Safety Services Instructor Authorization Certificate indicating either Lifeguarding/Waterfront or Lifeguarding/Waterpark, as appropriate. Once authorized as a Waterfront or Waterpark Lifeguarding instructor, an instructor is not required to maintain a basic-level certificate.

Date*	Day*	Start Time*	End Time*	Training Center
***NONE SCHEDULED AT THIS TIME				

**Babysitter's Training Instructor Course** **Cost: \$150.00**

This course trains instructor candidates to teach the basic-level Babysitter's Training course. This course prepares instructor candidates to use program materials, conduct training sessions and evaluate the progress of course participants.

**Pre-requisites:** Must be at least 16 years of age on or before the final scheduled session of the instructor course. Successfully complete the instructor pre-course self-study and the pre-course session. This includes demonstrating competency in the pre-course skills.

**Course Length:** Approx 16 hours

**Certifications Received:** Babysitter Instructor (valid 2 years)

Dates*	Day	Start Time*	End Time*	Location
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\*\*\*NONE SCHEDULED AT THIS TIME

**Babysitter's Training Instructor Crossover/Bridge Course** **Cost: \$90.00**

**\*Must be currently authorized as an American Red Cross Instructor to take this course**

This course trains instructor candidates to teach the basic-level Babysitter's Training course. Prepares instructor candidates to use program materials, conduct training sessions and evaluate the progress of course participants.

**Pre-requisites:** Must be at least 16 years of age on or before the final scheduled session of the instructor course. Must hold a current certification in an American Red Cross Instructor. Successfully complete the instructor pre-course self-study and the pre-course session; includes demonstrating competency in the pre-course skills.

**Course Length:** Approx 5 hours

**Certifications Received:** Babysitter Instructor (valid 2 years). All authorizations expire December 31st of calendar year. Initial authorization period may be less (or more) than 2 years, depending on when training is completed.

Date	Day	Start Time	End Time	Training Center
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\*\*\*NONE SCHEDULED AT THIS TIME

**Emergency Response Instructor Course** **Cost: \$300.00**

This course trained participants how to teach the American Red Cross Emergency Response course by developing an understanding of the course products, learning how to conduct training sessions, understanding the methods used to evaluate participant progress, and learning how prepare the submit records and reports.

**Pre-requisites:** Must be at least 17 years of age on or before course completion date.

**Course Length:** Approx 20 hours

**Certifications Received:** Emergency Response Instructor (valid 2 years)

Dates*	Start Time*	End Time*	Location
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\*\*\*NONE SCHEDULED AT THIS TIME

**Emergency Response Instructor Crossover/Bridge Course** **Cost: \$140.00**

**\*Must be currently authorized as an American Red Cross Instructor to take this course**

This course trained participants how to teach the American Red Cross Emergency Response course by developing an understanding of the course products, learning how to conduct training sessions, understanding the methods used to evaluate participant progress, and learning how prepare the submit records and reports.

**Pre-requisites:** Must be at least 17 years of age on or before course completion dates and must hold a current Fundamentals of Instructor Training (FIT) certificate issued within the past year OR be a currently authorized Red Cross instructor in a Health and Safety Service program.

**Course Length:** Approx 10 hours

**Certifications Received:** Emergency Response Instructor (valid 2 years)

Date	Day	Start Time	End Time	Training Center
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\*\*\*NONE SCHEDULED AT THIS TIME

**Basic Aid Training (BAT) Instructor** **No Fee - Funding provided by GHC grant**

By becoming a Basic Aid Training Leader, you will be able to teach Basic Aid Training (BAT) to children ages 8 to 11. The BAT course teaches child safety information and first aid procedures for breathing difficulties, bleeding, poisoning, burns, shock and other emergencies. A grant from **Group Health Cooperative** covers all costs for this program, so that it can be offered free of charge to interested children. Self-study includes all participant and instructor manuals.

**Pre-requisites:** Must be a responsible adult

Please contact the Health & Safety office at 608-232-5840 for more information on how to become a Basic Aid Training (BAT) instructor.

**Dog and Cat First Aid Instructor** **Please call 608-232-5840 for fee information**

By becoming a Pet First Aid Leader, you will be able to teach participants the Dog and/or Cat First Aid Course. The instructor course is currently available ONLY as a Self-Study. If you are interested in becoming a Pet First Aid Instructor, please contact the Chapter at 608-232-5840. No pre-requisite requirements to be a Dog or Cat First Aid Leader. Price covers all participant and instructor manuals and course video plus administrative fee.

**Course Length:** Self-study

**Certifications Received:** Pet First Aid Instructor (valid 2 years)

Please contact the Health & Safety office at 608-232-5840 for more information on how to become a Pet First Aid Instructor. There are no requirements to be a Dog or Cat First Aid leader, however, individuals with a background in teaching American Red Cross first aid and CPR courses, or individuals employed in veterinary medicine, would be ideal candidates.

**Wilderness First Aid Instructor** **Cost: \$46.95**

Wilderness First Aid Instructors are eligible to teach Wilderness First Aid. This course is available ONLY as a Self-Study. If you are interested in becoming a Wilderness First Aid Instructor, please contact the Chapter at 608-232-5840.

**Pre-requisites:** Must be at least 17 years of age on or before course completion dates and must hold a current Fundamentals of Instructor Training (FIT) certificate issued within the past year OR be a currently authorized Red Cross instructor in a Health and Safety Service program. Must possess a valid basic-level American Red Cross Wilderness and Remote First Aid certification or equivalent wilderness first aid training from another agency. Price covers all participant and instructor materials, plus administrative fee.

**Course Length:** Self-study

**Certifications Received:** Wilderness First Aid Instructor (valid 2 years)

Please contact the Health & Safety office at 608-232-5840 for more information on how to become a Wilderness First Aid instructor.